



## **INTERNET SAFETY - KEY MESSAGES - BE AWARE ONLINE**

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**Use netiquette while online**

**Keep personal information private--like cell #'s, addresses, photos and passwords**

**Stay away from sites and chat rooms that are confrontational and make you feel uncomfortable**

**Don't believe everything you read, people don't always tell the truth**

**Populate your facebook profile with real friends, ones you know and trust**

- Show the movie. You may stop it at any time, to discuss a video or answer questions. After the movie, start a dialogue by asking specific questions. Instead of asking "What did you learn from the video", ask specific questions. Here are a few examples:
- "Who can tell me something that you should never post online?" Make sure they provide the following answers: password, name, phone number, address, school they attend, what time they get home from school, parents or sibling names, names of pets, tagged photo of themselves.
- Explain the difference between a real friend and an online friend. Someone that they have only met online is not a friend they are a stranger and should be treated as such.
- What should they do if something makes them uncomfortable or afraid online? Stress the importance of talking to someone.
- You probably won't have to ask for personal stories from them, they usually volunteer them. Tell a personal story of your own about something that you experienced online.





## **CYBERBULLYING - KEY MESSAGES - STOP CYBERBULLYING**

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**Be willing to listen to a friend or classmate about their problems**

**When you witness bullying, Stand up -- don't stand by --**

**Don't respond, or retaliate, Don't be a Bully! Don't empower a bully.**

**Get them to talk to someone, a parent, a teacher, a coach, any responsible adult**

**Ensure them, they are not alone, "you have their back"**

- Before the presentation talk to the teacher and ask permission to put the poster up before the presentation so that you can refer to it later.
- Show the movie. You may stop it at any time, to discuss a video or answer questions. After the movie, start a dialogue by asking if anyone knows someone who has been bullied. Ask them to tell the story without identifying the person involved.
- Ask, "What could you have done to avoid this situation?" and "As a friend what could you have done to help them?"
- Answers: do not retaliate, support your friends and encourage them to speak up or tell someone.
- After the video where the high school boy dyes's his hair RED. Ask, who would do the same, dye their hair red, is support of the younger boy.
- Explain "I've Got Your Back", Explain how the program came about and why you think it is so important. Stress the importance of talking to someone if they are being Cyberbullied or know someone who has.
- Show them the poster. Ask them all to sign the poster as a pledge that they will help someone out of a bullying situation. They can sign it and make comments on it. Go over and sign the poster and leave the pen.





## SEXTING - KEY MESSAGES - SAY NO TO SEXTING

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**Sexting is the term used for the act of sending a sexually suggestive or explicit text message (via texting, SMS, MMS) to another person.**

**This growing trend among youth to exchange explicit photos of themselves, can lead to criminal charges of distributing or possessing child pornography.**

**Kids don't seem to be considering the future consequences of what they're doing and the damage done to their reputation.**

**Think before you send anything!**

**Be aware you can not control the actions of others!**

- Show the movie. You may stop it at any time, to discuss a video or answer questions.
- After the movie start a dialogue by asking if anyone has any questions. This age group is usually the least communicative. Try to engage them by telling them about the transition from public school to high school.
- Stress the importance of making new friends, making good choices and talking about consequences of decisions. "If you're not good enough with your clothes on then this is not a person you want to be with"
- Explain the Youth Connected program to them and suggest that when they are in grade 10 or above they give some thought to becoming part of this committee and present these messages.





## TIPS FOR CLASSROOM PRESENTATIONS

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### PREPARATION

Arrive ½ hour before presentation time to make sure the computer, projector and speakers are available and working.

Try the memory stick in the computer to make sure the videos work, and adjust the volume with a sound check.

When delivering the presentations, ask the students questions to get feedback. Never say that an answer is wrong. Thank the person for the answer, discuss the answer, and ask the question again for the correct response.

Have this tip sheet as a teaching aid.

### INTRODUCTIONS

Start each presentation by introducing yourself and your partner.

Give a brief explanation behind the Youth Connected program.

